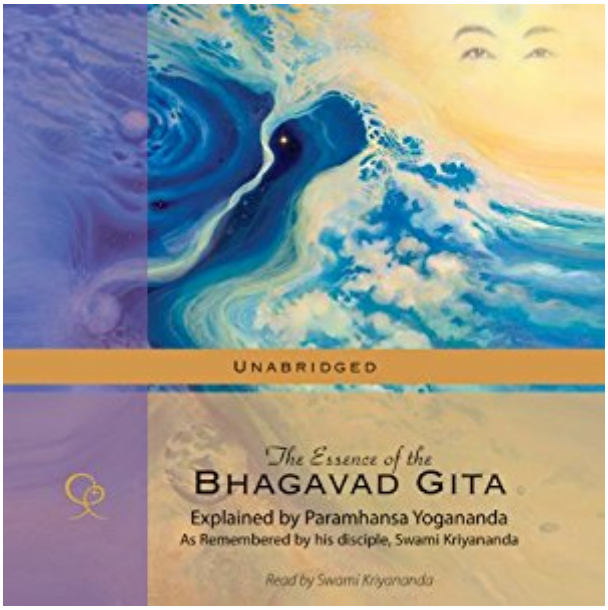
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# The Essence Of The Bhagavad Gita: Explained By Paramhansa Yogananda




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## Synopsis

Rarely in a lifetime does a new spiritual classic appear that has the power to change people's lives and transform future generations. This is such a book. The Essence of the Bhagavad Gita shares the profound insights of Paramhansa Yogananda, author of Autobiography of a Yogi, as remembered by his direct disciple, Swami Kriyananda. This commentary unlocks the Gita's depthless wisdom with striking clarity, inspiration, and hope for a modern audience. --This text refers to an out of print or unavailable edition of this title.

## Book Information

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## Customer Reviews

In trying to understand Hinduism I have heard from other sources that the Bhagavad Gita is the most popular story among Hindus, and I have heard that Paramhansa Yogananda is highly respected in America for this most excellent explanation of the story. A book written in another language can not simply be translated because many of the words in the foreign language do not have an equivalent word in English. Thus explanations are needed at every turn. I love this book, for its in depth, thought provoking presentation of this most famous story!

This commentary necessary for the understanding of the Gita if one does not have a guru to study with. It opened the symbolism up for me and I ended up loving the Gita and refer to it regularly.

Got it as a birthday gift for a friend and they love it.

This is a must reading for every esoteric, spiritual and or metaphysical student ofYoga or spiritual aspirant. Explained by Yogananda, through his direct student,Kriyananda. Easy to read and understand. The Gita is a book about you andyour spiritual journey throughout the universe. This story is explained andinterpreted for anyone to understand and practice. It flows smoothly,like all thebooks written by Kriyananda, from Yogananda. This will be your reference andconstant guide on the spiritual path, now and beyond the five senses.

Awesome

For a clear understanding of the Gita, this book is the best. It embodies the understanding of a true saint, Yogananda. Kriyananda was a close disciple of Yogananda and the best writer of his inner circle.There are several reviewers who make personal attacks on Kriyananda. These attacks are politically motivated, as was the infamous lawsuit against Kriyananda orchestrated by Self Realization Fellowship. If you read the book, however, you will quickly realize that Kriyananda simply expresses Yogananda’s insights in clear, grammatical English. Even if you buy the smear campaign, it has no relevance.

a lot of instruction in these pages.

All explained very well, so that anybody can read it and it explains in very simple words with best definitions ever. Swami Kriyananda was gifted with incredible memory and he made a very good use out of it. Paramhansa Yogananda’s explanation of Gita is the best till date.

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